Discuss potential problems ahead of time so you can respond quickly. Read and commit to this pact, alone or in a group. If violence does arise:

Stay calm. Be aware of your power to affect others. Assess the situation and seek help if necessary.

Stay together. If a few individuals are being loud or confrontational, attempt to talk with them.

Manage trouble. Surround and try to calm violent people.

Protect anyone being attacked. Show that you don’t support violence by separating yourself. Ask others to join you.

Express disapproval when necessary. It’s okay to say, “Stop that,” or “We want to be nonviolent.”

More techniques for nonviolent witness: Make eye contact, calmly sing or chant, listen, avoid heated arguments, link hands, sit down. Use non-threatening body language, humor, and common sense.

Pact for nonviolent discipline
I agree to reflect on and abide by the following discipline:

1. I will refrain from insults, swearing and threats, and will withstand the anger of others.
2. I will refuse to respond to verbal or physical assaults.
3. I will protect others from insults or attack.
4. If arrested, I will behave in an exemplary manner. I will not evade the legal consequences of my actions.
5. I will follow the directions of designated coordinators. In the event of a serious disagreement, I will remove myself.
6. My attitude will be one of openness, friendliness, and respect toward everyone, including police and opponents.
7. I will not run or make gestures that could appear threatening.
8. I will not damage property.
9. I will not bring or use drugs or alcohol.
10. I will not carry weapons.
Since 1935, FOR has helped form, launch, and strengthen peace fellowships of many faith traditions to form a network of faith-based nonviolent action. What follows are sponsored and affiliated fellowships and faith ally groups.

Adventist Peace Fellowship: adventistpeace.org
American Muslim Voice: amuslimvoice.org
Buddhist Peace Fellowship: bpf.org
Catholic Peace Fellowship: catholicpeacefellowship.org
Center on Conscience & War: centeronconscience.org
Church of God Peace Fellowship: peacechog.org
Community of Living Traditions: communityoflivingtraditions.org
** Creating a Culture of Peace: creatingacultureofpeace.org
Disciples Peace Fellowship: dpfweb.org
Episcopal Peace Fellowship: epfnational.org
Faith Voices for the Common Good: faithvoices.org
Jewish Peace Fellowship: jewishpeacefellowship.org
Lutheran Peace Fellowship: lutheranpeace.org
** Metta Center for Nonviolence Education: mettacenter.org
Muslim Peace Fellowship: mpf21.wordpress.com
New England Peace Pagoda: newenglandpeacepagoda.com
Nonviolence International: nonviolenceinternational.net
** On Earth Peace: onearthpeace.org
Orthodox Peace Fellowship – North America: incommunion.org
** Pace e Bene: paceebene.org
Pax Christi USA: paxchristiusa.org
Presbyterian Peace Fellowship: presbypeacefellowship.org
Shomer Shalom Network for Jewish Nonviolence: shomershalom.org
The Shalom Center: theshalomcenter.org
Tikkun Community – Network of Spiritual Progressives: spiritualprogressives.org
Unitarian Universalist Peace Fellowship: uupeace@uua.org
Voices for Creative Nonviolence: vcnv.org
(** = groups that lead trainings in active nonviolence)